

COVID-19 UPDATE FROM MITCHAM REHAB & MARION SPORTS PHYSIO



At Mitcham Rehab and Marion Sports Physio we are proud to be a leader in evidence-based physiotherapy. With the current events surrounding COVID-19, we wanted to assure you that **we are open for business as usual** and taking all precautions necessary to keep you, our staff and the wider community safe.

We are continually monitoring the advice from both SA Health and the Federal Government's Department of Health for any changes and we will update you accordingly if any changes are required at our clinics.

The preventative measures we are taking include;

- **Placing sanitizing hand gels at the reception desk and expecting all staff and visitors to sanitize their hands as they enter the building.**
- **Spacing out chairs in the waiting room to over 1m apart as per social distancing protocols**
- **Removed magazines and newspapers from the waiting rooms to minimise cross contamination (you can still get the news on your phone!)**
- **Asking all patients to pay for gap payments with pay pass to remove the need for staff to handle cash and reducing the risk of spreading infection**
- **All staff sanitising their hands between each patient contact, as per normal protocol at our clinics**
- **Increased cleaning and sanitizing protocols for equipment used within the clinic**

We ask that you can help us to stay open and continue to provide our high level of physiotherapy care by following the below guidelines;

We ask that you do not attend our clinics if you have;

- Recently been in in a high risk country or region (mainland China, Iran, Italy or Korea)
- Been in close contact with someone who has a confirmed case of COVID-19



If this is the case, we ask that you call your GP for advice on whether you need to be self isolating or be tested for COVID-19. If you are at all unwell, we ask that you also do not attend our clinics until you have been cleared by relevant health professionals (GP or hospital staff) to resume being in the community.

If the situation at our clinics change we will inform you as soon as possible. Any patient that has an appointment time that is effected will be contacted directly.

We thank you for your cooperation. We hope these measures will ensure that we can continue to provide our high level of service to you all in these challenging times. If you have any questions, please call our clinics.

For further reading on COVID-19 please head to the following websites;

Department of Health (Federal):

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/what-you-need-to-know-about-coronavirus-covid-19#protect-yourself-and-others>

SA Health COVID-19 Website:

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+topics/health+topics+a+-+z/COVID+2019>